



A private nonprofit affiliate of University of Massachusetts

**State Licensure Information: Maine**

**Licensing Board:** [Board of Counseling Professionals Licensure](#)

**Accreditation Information:** Regional Accreditation is required.

The University of Massachusetts Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

**Degree Program total unit requirement:** A minimum of 69

**Course equivalency:** One (1) course is equal to three (3) semester credits (units)

**Courses or course work required:**

1. Marital and Family Studies
2. Marriage and Family Therapy
3. Human Development
4. Human Sexuality
5. Diagnosis and Treatment
6. Professional Orientation
7. Research and Evaluation
8. Helping Relationship
9. Groups
10. Measurement
11. Social and Cultural Foundations
12. Career and Lifestyle Development
13. Crisis Intervention

**Courses required compared to UMass Global courses offered**

Maine Course Work	UMASS Global Equivalency
Marriage and Family Studies	PSYU 502 – History and Foundations of Therapeutic Practices
	PSYU 516 – Assessment and Treatment of Substance Abuse
	PSYU 524 – Clinical Issues in Human Diversity
Marriage and Family Therapy	PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis
	PSYU 514 – Couples Therapy
	PSYU 526 – Family Therapy Theories and Techniques: A Postmodern Emphasis
Human Development	PSYU 518 –Child and Adolescent Psychopathology and Child Abuse
	PSYU 522 – Individual and Family Development
Diagnosis and Treatment	PSYU 510 – Psychopathology and Diagnosis



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Human Sexuality	PSYU 538 – Assessment and Treatment of Sexual Disorders
Research and Evaluation	PSYU 528 – Research and Bibliographic Methods
Professional Orientation	PSYU 506 – Ethical and Professional Issues
Helping Relationship	PSYU 502 – History and Foundations of Therapeutic Practices
Groups	PSYU 530 – Theory and Practice of Group Therapy
Measurements	PSYU 534 – Clinical Assessment
Social and Cultural Foundations	PSYU 524 – Clinical Issues in Human Diversity
Career and Lifestyle Development	PSYU 545 – Transitions to Work and Career
Crisis Intervention	PSYU 539 – Crisis and Trauma Counseling

**Practicum Requirements:**

In compliance with the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) standards, the University practicum requirements are standardized across all applicable states. These requirements meet or exceed your specific state guidelines for practicum. For more details regarding practicum, please contact the Field Support Team at [mftpcclinical@umassglobal.edu](mailto:mftpcclinical@umassglobal.edu).

Total Clinical Hours	Direct Client Contact Hours	Supervision Hours	Length of Practicum
<b>600 total Hours</b>	<b>300 total hours</b>	<b>100 total hours</b>	A minimum of 12 months
<b>300</b> direct client contact hours <b>100</b> supervision hours <b>200</b> Indirect clock hours or DCC (clinic duties or additional DCC)	<b>100</b> of the total direct client contact hours must be with couple and family client units.  The remaining <b>200</b> hours may be individual or relational hours.	<b>50</b> hours must be observable (audio and video recording)	